



OCTOBER BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pancakes, cereal, juice, milk	4 Breakfast pizza, juice, milk, or cereal	5 Biscuit and gravy, fruit, milk, or cereal	6 French toast, fruit, juice, milk, or cereal	7 Donut, juice, milk, or cereal
10 No School	11 Pancake on a stick, juice, milk, or cereal	12 Egg sandwich, juice, milk, or cereal	13 Waffles, syrup, juice, fruit, milk, or cereal	14 Cinnamon roll, juice, fruit, milk, or cereal
17 Pancakes, cereal, juice, milk	18 Breakfast pizza, juice, milk, or cereal	19 Biscuit and gravy, fruit, milk, or cereal	20 French toast, fruit, juice, milk, or cereal	21 Donut, juice, milk, or cereal
24 Pancake on a stick, juice, milk, or cereal	25 Egg sandwich, juice, milk, or cereal	26 Waffles, syrup, juice, fruit, milk, or cereal	27 Cinnamon Roll, juice, fruit, milk, or cereal	28 No School
31 Pancakes, cereal, juice, milk	<p>Menus are subject to change</p> <p>This institution is an equal opportunity provider</p>			





OCTOBER LUNCH MENU



Monday Tuesday Wednesday Thursday Friday

3
Waffles, Egg and Sausage, Carrots, Applesauce, Milk

4
Chicken Alfredo, Bread and Butter Green Beans, Peaches Milk

5
Ham Sandwich, Chips, Carrots, Apple Slices, Milk

6
Corn Dogs, Chips Baked Beans, Pears, Milk

7
Garlic Cheese Bread, Cookies, Broccoli, Mandarin Oranges, Milk

10
No School

11
Chicken Fajitas, Chips and Salsa, Fajita Blend Mixed Vegetables, Pineapple, Milk

12
Goulash, Cheese filled breadsticks, Carrots, Pears, Milk

13
Maidrights, Tri Taters Baked Beans, Applesauce, Milk

14
Homemade cheese Pizza, Yogurt, Broccoli, Peaches, Milk

17
Hot Ham and Cheese, Baked Beans, Chips, Mixed Fruit, Milk

18
Walking tacos, Rice, Pineapple, Corn, Milk

19
Homemade Mac and Cheese, Yogurt, Pears,, Broccoli, Milk

20
Chicken Nuggets, Waffle, Peaches, Carrots, Milk

21
Cheeseburger, Fries, Mandarin Oranges, Baked Beans, Milk

24
Hot dogs, Baked beans, Chips, Peaches, Milk

25
Tacos, Bread and Butter, Corn, Mixed Fruit, Milk

26
Rib sandwich, French Fries, Peas, Fruit, Milk

27
Chicken poppers, Mashed Potatoes, Gravy, Carrots, Pears, Milk

28
No School

31
Toasted cheese sandwich, Tomato Soup, Corn, Pineapple, Milk

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High School ONLY:
1st, 3rd, 5th Week: Ham Sub
2nd, 4th Week: Turkey Sub

